

NING
HYDRATION
Texas
13.1
1
CHES

DETERMINATION
NACOGDOCHES

EAST TEXAS
HALF
MARATHON
NACOGDOCHES



KEY

- COURSE
- ROADS
- FIRST AID

5K - 1.55mi OUT AND TURN AROUND
10K - 3.1mi OUT AND TURN AROUND



HALF
TRAIL
HEART
RACE